

# Which Stander?

## Posture

Factors affecting symmetry: tone, leg length discrepancy, hip dislocation, scoliosis and lordosis.

	SS*	PS*	US*
Extreme or fixed	●		
Moderate or correctable	●	●	
None or mild		●	●

SS\* – Supine Standing  
PS\* – Prone Standing  
US\* – Upright Standing

## Head & Neck Control

	SS	PS	US
None or Poor	●		
Developing (but difficulty maintaining against gravity)	●	●	
Developed		●	●

## Trunk Control

	SS	PS	US
None or Poor	●		
Developing (but difficulty maintaining against gravity)	●	●	
Developed		●	●

## Pelvis Alignment

	SS	PS	US
Fixed Retraction	●		
Correctable	●	●	
Aligned			●

## Hips

	SS	PS	US
Flexion Contracture >25°	●		
Flexion Contracture up to 25°	●	●	
Contracture free		●	●
Abduction up to 30° bilaterally	●	●	●

## Knees

	SS	PS	US
Flexion Contracture >25°	●		
Flexion Contracture up to 25°	●	●	
Contracture free		●	●

For more information visit:  
[www.vidaglobal.co.uk](http://www.vidaglobal.co.uk)

## Weight bearing through lower limbs

	SS	PS	US
None or Poor	●		
Some	●	●	
Developed		●	●

## Ankle and foot control

	SS	PS	US
Unstable	●		
Stable with AFOs	●	●	
Stable		●	●

## Function & Comfort

### Transfers

	SS	PS	US
Hoisted	●		
Partially supports own weight	●	●	
Can support own weight		●	●

### Mobility

	SS	PS	US
Fully dependent	●		
Needs assistance	●	●	
Needs minimal help		●	●

### Comfort

	SS	PS	US
Frequent discomfort	●		
Some discomfort	●	●	
Comfortable		●	●



**Totstander**  
Ages 1-5  
Upright



**Squiggles Stander**  
Ages 1-5  
Supine / Prone / Upright



**Mygo Stander**  
Ages 4-14  
Supine / Prone / Upright



**EasyStand Zing**  
Ages 1-6  
Supine / Prone / Upright  
Abducted



**EasyStand Bantam**  
Ages 4-Adult  
Supine / Upright / Sit-to-Stand



**Horizon Stander**  
Ages 4-18+  
Supine / Prone / Upright



**Freestander**  
Ages 1-18  
Upright



**Pronestander**  
Ages 1-18  
Prone